

I. COURSE DESCRIPTION:

This course will provide introductory knowledge to assist students to better understand concurrent disorders and their impact on individuals, families and communities. Students will become familiar with signs and symptoms of selected mental illnesses along with substance use patterns. Students will understand the impact of social determinants of health, and risk and protective factors on the development of concurrent disorders. Students will understand the importance of identifying risk and protective factors, and using an anti-oppressive and strengths based approach to practice. This course is a prerequisite for SSW 205.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Define and describe a continuum of substance use

Potential Elements of the Performance:

- a) Differentiate between substance use, misuse, abuse and dependency related to alcohol and drugs
- b) Describe common signs, symptoms and patterns of use and abuse of alcohol and various drugs
- c) Demonstrate basic knowledge of types of psychotropic medications, common side effects and potential interactions with substances of abuse
- d) Identify risk and protective factors related to drug and alcohol misuse
- e) Explain the cultural and societal factors contributing to the development and sustainment of mental health and addictions issues

2. Define and describe mental health and mental illness.

Potential Elements of the Performance

- a) Describe signs/symptoms of common mental illnesses
- b) Summarize statistics on mental illness in Canada
- c) Discuss common stereotypes, myths and impact of stigma on individuals and families
- d) Identify risk and protective factors and discuss how they impact

- the development and sustainment of mental health disorders
- e) Identify and apply traits of positive mental health and strategies for developing and maintaining
 - f) Identify and apply strengths-based approaches and recovery approaches to understanding and addressing the needs of individuals with concurrent/dual disorders
 - g) Discuss the implications of mental illness, substance abuse/dependence and concurrent disorders over the lifespan
 - h) Recognize and discuss factors related to gender, culture, age, sexual orientation impacting on mental health
 - i) Define and discuss the relationship of concurrent and dual disorders in regards to assessment and intervention needs

3. Discuss the relationship between addiction and mental illness.

Potential Elements of the Performance:

- a) Define and describe concurrent disorders
 - b) Describe the impact of concurrent disorders on individuals and their social environments (micro, mezzo and macro levels)
 - c) Identify the risk and protective factors related to the development and sustainment of concurrent disorders
4. Define and discuss beginning levels of professional social service worker skills and knowledge required to assist individuals with mental health, substance abuse and/or concurrent disorders.

Potential Elements of the Performance:

- a) Identify common beliefs, values and attitudes that professional helpers may hold about concurrent and dual disorders
- b) Discuss the social justice issues related to the rights of individuals with concurrent disorders
- c) Identify the impact of stigma on individuals, families and communities
- d) Identify and effectively use professional and evidence based resource material related to mental health, substance abuse and concurrent disorders
- e) Identify and demonstrate professional and strength-based attitudes and approaches
- f) Discuss culturally competent approaches to understanding and addressing concurrent disorders
- g) Identify and address personal biases and attitudes one might have related to concurrent disorders

III. TOPICS:

1. Understanding substance use, misuse, and dependency
2. Concurrent Disorders and their impact on individuals, families and communities
3. Mental health and mental illness: the continuum of mental health, positive mental health, severe and disabling mental illnesses and the formal diagnostic system
4. Theories of mental illness and mental health
5. Social determinants of health
6. Risk and protective factors
7. Impact of stigma and effective strategies to address

Vocational Outcomes and essential employability skills

This course addresses the SSW vocational outcomes (#1, 2, 3, 5 and 9) related to

- identification of micro, mezzo and macro level challenges and interventions,
- recognizing diversity and effective community responses,
- advocacy, and
- promoting social justice, and identifying strengths, resources and challenges of individuals, families, groups and communities .

Additionally, the essential skills outcomes (#1, 2, 4, 5, 6, 7, 8, 10, 11, 12 and 13) regarding effective communication, critical thinking, information management, and interpersonal skill development are addressed.

The course is developed with consideration of the SSW Scope of Practice as articulated by the Ontario College of Social Workers and Social Service Workers.

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Simmie, S. & Nunes, J. (2001). *The Last Taboo: A survival guide to mental health care in Canada*. Toronto, ON: McClelland & Steward Ltd.

Other tutorials, websites and resource materials may be assigned throughout the course. Students will be required to review materials posted on D2L as directed in the class schedule. There are also optional readings posted on D2L.

It is also recommended that students have the most recent version of *Cites and Sources* by Haig, J., Raikes, G. & Sutherland, V., usually used in CMM 110. This is a useful reference for written assignments.

V. EVALUATION PROCESS/GRADING SYSTEM:

1. Midterm and final exams	50%
2. Positive Mental health Assignment	15%
3. In class case studies	20%
4. Assigned text questions	<u>15%</u>
	100%

Exams cannot be rewritten in order to obtain a higher grade. An exam may be rescheduled, at the discretion of the instructor, for substantiated reasons for absence on exam day. The instructor must be notified before the exam of your inability to write the exam and the reason. This may be done by phone or by email through D2L. You must make rescheduling arrangements as soon as is possible (within a few days) with both the testing centre, and me to write the exam.

The assigned questions will be completed on an ongoing basis and submitted to the professor on the due dates. Further information will be provided in the weekly class schedule.

Marks will be provided for in-class activities and/or 'pop' quizzes. Students who are absent for the classes where these occur for unsubstantiated reasons cannot make up the marks. Students who have notified the instructor and have substantiated reasons for their absence may have the opportunity to make up the marks, at the instructor's discretion and if the type of quiz or activity allows for makeup.

Students are expected to learn and display professional social service worker behaviours. The classroom is an excellent place to begin to practice these. These behaviours are attached in the 'Professional Development and Participation Guidelines'. If everyone in the class develops and uses these skills, we will have a safe and respectful environment to explore and discuss many issues.

All assignments are to be handed in on the due date and are to be word-processed. Any late assignments will be penalized at 5% per day late. Assignments will not be accepted one week post due date unless previously negotiated with the instructor. You have the option of using a 'late coupon' for one assignment, one time only. This is available on the D2L course site.

If you are ill and cannot attend class when an assignment is due, you can email that assignment to me through D2L. This will be then be considered the submission date.

The following semester grades will be assigned to students:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 - 79%	2.00
C	60 - 69%	1.00
D	50 – 59%	0.00
F (Fail)	49% and below	
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	

X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.
NR	Grade not reported to Registrar's office.
W	Student has withdrawn from the course without academic penalty.

Student Success: College Practice Statement

If a faculty member determines that a student is at risk of not being academically successful, the faculty member may confidentially provide that student's name to Student Services in an effort to help with the student's success. Students wishing to restrict the sharing of such information should make their wishes known to the coordinator or faculty member. I will request students sign a SSW Program Consent/Authorization to determine permission to release pertinent information to Student Services in order to promote and support student success and retention.

VI. SPECIAL NOTES:

Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all, students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session. It is the departmental policy that once the classroom door has been closed, the learning process has begun. Late arrivers are welcome to join the class after the break.

Students must attend the classes where case studies/documentaries are being discussed in order to receive full marks as outlined in the class schedule. In cases where there is substantiated reason for your absence and it is possible to access the documentary independently, the student may request the approval of the faculty to complete independently and receive partial marks.

Significant learning takes place in the classroom through an interactive learning approach. NOTE: Students may have their mark reduced by one grade if less than 75% of classes are attended. The Professor reserves the right to ask for medical verification of absence. Students are expected to come prepared to class to participate in discussion and review of course material.

Cell phones and laptops

Electronic devices must be used appropriately and for class purposes. Cell phones or other devices must be put away and on silent mode. Students may respond to a call or may check text messages during breaks or once class is finished. Violations of this may lead to the student being asked to leave the classroom and appropriate sanctions implemented as per Student Code of Conduct, Section 2.22: - Use of Electronic Devices.

Submissions of assignments

Assignments are expected to be submitted, stapled, at the beginning of class on the established due dates. Late assignments will be subject to a 5% per day late penalty (including weekends). Assignments will not be accepted one week after the due date unless an alternative date had been negotiated between the student and the professor.

Students may use the 'late coupon' option once per semester if that class offers this option. Late coupons allow students one week extension if the student has identified in an email to the professor before the date of the assignment that the 'coupon' is being used. The assignment is due at the start of the next class.

Students who are absent for substantial reason when an assignment is due may email the assignment to the professor through D2L on the due date, at the beginning of the class. A hard copy is expected upon return to College in a timely manner (usually within one week of the due date), unless the assignment is electronic version only, through the course drop box.

Assignments cannot be re-submitted to achieve a higher grade.

Exams

Students are responsible to contact the professor directly and before an exam, when substantial and substantiated reasons create the need for missing an exam. Consideration and determination of the opportunity to make up a missed exam is at the professor's discretion. Generally, this is granted only for exceptional circumstances. If approved, the student must book a time with the testing centre within the time span that the professor requires.

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Classroom culture

Students are to view the classroom as opportunity to model and practice SSW values and ethics of professionalism. All classroom behaviour is to reflect respect, ability to effectively work with others, communicate and problem-solve, and be open to differences and learning different ways of understanding and viewing each other and issues in general.

SSW Program Policies

Students must be familiar with the SSW program policies (posted on D2L and distributed in SSW 105) and the Sault College Student Code of Conduct, both available on D2L. Student Code of Conduct and Appeals Guideline is also available on the College Portal and in Student Services.

VII. COURSE OUTLINE ADDENDUM:

The provisions contained in the addendum are located on the portal and form part of this course outline.